**Mental Health Crisis**

* 1 in 4 people are affected with a mental disorder (this is a worldwide crisis)
* Approximately 1 in 6 people in the United States are taking psychiatric medication
* Americans taking antidepressants rose by *65 percent* between 1999 and 2014
* Since 2008 suicide was the 10th leading cause of death in the United States.
* In 2016 suicide became the ***2nd*** *leading cause of death ages 10-34* and the 4th leading cause of death ages 35-54.
* On average there are 3000 suicides per day, *one death every 40 seconds*,

(Approximately one million people each year die by suicide worldwide).

*For every suicide there are approximately 25 suicide attempts.*

* There has been an astronomical increase in prescription drugs for American children & adults (*85% increase* between 1997 & 2016 according to the health research firm IQVIA, formerly called Quintile IMS). Many prescription drugs have been shown to *deplete vital nutrients* necessary for our *brain* & *body* health.

**Our Children**

* Of the 74.5 million children in the United States, an estimated 17.1 million have or have had a psychiatric disorder— more than the number of children with cancer, diabetes, and AIDS combined.
* 50% of all psychiatric illness occurs before the age of 14 and 75 percent by the age of 24.
* According to estimates from the Centers for Disease Control and Prevention, 13% to 20% of US children aged 18 or younger have some form of mental disorder
* *There are nearly* ***8 Million children*** *under the age of 17 on psychiatric drugs.*
* The suicide rate among youth between the ages of *10 and 17* ***increased 70 percent*** from 2006 to 2016.

My daughter skipped 5th grade and her senior year of high school graduating with a 4.2 grade point average, she had never done drugs (pharmaceutical or other) or alcohol, and in 2014 she had a psychotic breakdown at 19 years old. After her first episode she was forcibly drugged and since then has been given over *25 different drugs* with ***countless severe*** ***side effects***, some of which were ***life threatening***. *I began doing extensive research on mental illness, the brain, nutrients, neurotransmitters etc. because my daughter has suffered the horrific consequences of the current way we “treat” people with mental health challenges.* **See my website www.MelissaJoyfully.com** **for the FREE REPORT: *Some of the physical causes of depression, bipolar disorder, schizophrenia and other mood, brain & physical diseases (includes detailed information & accurate physical testing levels).*** It is my hope and prayer that the information provided will guide you and your loved ones to be *tested* and seek the *professional help* of a practitioner that is knowledgeable in biochemical/nutrient therapy. *(See links below)*

*Several times in my report I quote Dr. William J. Walsh, his book**and his* ***scientific research:*** William J. Walsh, Ph.D., FACN, president of the non-profit Walsh Research Institute, is an internationally recognized expert in the field of nutritional medicine and a key scientist paving the way for nutrient-based psychiatry and nutritional medicine.  Over the past 30 years, Dr. Walsh has developed biochemical treatments for patients diagnosed with behavioral disorders, attention deficit (hyperactivity) disorder, autism, clinical depression, anxiety, bipolar disorders, schizophrenia, and Alzheimer’s disease that are used by doctors throughout the world. His book, [***Nutrient Power: Heal Your Biochemistry and Heal Your Brain***](http://geni.us/walsh)[updated May 2014], describes specific findings for his evidence-based nutrient therapy system. *Dr. Walsh has studied more than* ***30,000 patients with mental disorders*** *acquiring an unparalleled database of more than*

***3 million chemical assays****during his clinical and research work.* ***https://www.walshinstitute.org/***

* **Professional help:** A listing of doctors and clinics that provide biochemical/nutrient therapy in or near your state or country *(and telemedicine practitioner’s available through skype/phone appointments)* is provided on the Walsh Institute website: [**https://www.walshinstitute.org/clinical-resources.html**](https://www.walshinstitute.org/clinical-resources.html)
* **Laboratory testing:** **https://www.dhalab.com**

No human on earth has ever been *deficient* in a psychiatric drug, however ***MANY*** *people are deficient in specific nutrients which have a* ***huge*** *effect on the brain and body chemistry.* Please see and SHARE the 16 page report, you may save someone’s life!

***We need to rise together to bring awareness to the facts and to change* the rise in youth with mental illness, the rise in suicides and the rise in psychiatric drugs being prescribed. *www.MelissaJoyfully.com***